



**SINDHI COLLEGE**

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**#33/2B, Kempapura, Hebbal, Bengaluru - 560024**

**Permanently Affiliated to Bengaluru City University**

**Approved by AICTE, NAAC Re-accredited**

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## **36 As per NEP, every Institution shall have inbuilt mechanism for Social and Emotional Learning A crucial component of Education**

Sindhi college recognizes the significance of incorporating Social and Emotional Learning into all its activities to envisage holistic development of the students. Towards accomplishing this endeavor the following steps are taken:

**1. Curriculum enrichment:** NEP syllabus is framed to achieve students' social and emotional development by incorporating activities, assignments, and discussions that promote self-reflection, empathy, teamwork, and ethical decision-making.

SEL concepts are embedded in various subjects allowing students to explore and apply socio-emotional competencies in real-world contexts relevant to their academic pursuits.

**2. Co-curricular Activities:** Sindhi college offers innumerable sports, cultural, NCC , NSS , club activities which fosters teamwork, communication, resilience, and interpersonal skills, contributing to students' overall social and emotional growth.

Student Governing Council of Sindhi College provides opportunities to students to nurture their leadership and organizational skills. Student leaders are selected and appointed as President, Vice president, General Secretary, Cultural, Sports secretaries, etc. to conduct various activities of the college with the valuable guidance of the teachers. Leo Club sensitizes students towards socio- economic conditions of the people in the society and thereby instils empathy and values which shapes them into responsible citizens of this country .

**3. Counseling Services:** The institution offers counseling services to support students' social and emotional well-being. Trained counselor offers individual counseling programs to address a wide range of issues, including stress, anxiety, depression, interpersonal conflicts, and adjustment difficulties.

**4. Grievance Redressal Cell:** The College fosters a positive campus climate that values diversity, inclusivity and empathy. The institution promotes respectful communication, tolerance and understanding among faculty, staff and students by addressing their grievances through the cell. All the exam related grievances are also addressed on time through the liaison officer, who strives to resolve the concerns meticulously by constantly appealing to the affiliated university.

## **5. Anti-Ragging Cell**

The college maintains a strictly ragging-free campus, and no incidents of ragging have been reported to date. Notices regarding the Prohibition of Ragging are prominently displayed at key locations across the campus to create awareness among students. The institution has constituted an Anti-Ragging Cell to continuously monitor student behaviour and ensure a safe, secure, and supportive environment. These proactive measures contribute significantly to the emotional well-being, confidence, self-assurance, and sense of belonging among the students.

In conclusion, Sindhi College effectively integrates Social and Emotional Learning (SEL) into its educational framework in alignment with the National Education Policy. Recognizing SEL as a foundational component of holistic education, the institution promotes students' academic achievement, personal well-being, and positive social relationships. Through a comprehensive and multifaceted approach that includes curricular and co-curricular activities, mentoring systems, counselling services, alumni interactions, and a range of student-centric initiatives, Sindhi College fosters the social and emotional development of its students, empowering them to excel academically, professionally, and in all aspects of life.